4-H GOALS FOR 4-H YEAR

4-H Member's Name ______________________________ Years in 4-H ______________

List the goals you plan to achieve during the upcoming 4-H year. When you reach the goal, write the date. Keep updating this form throughout the year.

**Project Skill Goals**
Select at least 3 new skill goals for each project each year. List the skills to be achieved. Check the list for your project area. Additional goals may be substituted for the goals listed at the discretion of the club leader.

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<th>Project</th>
<th>Goal</th>
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**Personal Development Goals** (one set of goals per 4-H year)
Select at least one new personal development goal each year. Additional goals may be repeated each year. List your goals below. See the reverse side of this paper for a complete list of personal development goals. Goals may be done as an individual or as part of your club.

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<th>New Goal(s)</th>
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1. Write a news story for your local paper.
2. Write a column for your club or county newsletter.
3. Participate in a radio or television program.
4. Present a demonstration or illustrated talk to a group other than your 4-H club.
5. Serve as a host for a 4-H meeting. See that everyone is welcomed and made comfortable.
6. Participate in a community service project.
7. Prepare a display (pictures, news clippings, etc.) that would educate the general public about your project or 4-H in general.
8. Serve as the chairperson of a club committee.
10. Participate on a special team (ex. horse or dairy bowl, horse judging.).
11. Participate in a county event (ex. Fall Festival, Creative Foods Festival).
12. Attend a 4-H Camp.
13. Participate in the county fair.
14. Assist with a show at the fair.
15. Help at a fair sponsored event (ex. work in food stand, help at fair supper).
16. Serve as a teen counselor for a 4-H camp.
17. Make arrangements for a tour for your club.
18. Arrange for an educational film or video to be shown at a club meeting.
19. Secure a speaker to talk to your 4-H club.
20. Explore a career associated with one of your projects and report back to your club.
21. Plan a fun activity for your club separate from a regular meeting.
22. Participate in a regional, state or national 4-H event (ex. South Jersey 4-H Teen Conference, Citizenship Washington Focus, National 4-H Youth Congress).

I agree to do my best to reach these goals during the upcoming 4-H year.

______________________________ Date
Signature of 4-H Member

I will help my child reach the goals listed above and support his or her participation in the 4-H program.

______________________________ Date
Signature of Parent/Guardian

I have read the goals and agree that they will help _____________________ to make the best better.

______________________________ Date
Signature of 4-H Leader